

THE RUFF TIMES



What an unforgettable day! The pep rally was awesome! Not only did we get to miss fourth period, but we also got to see all of the Sir Winston sports and watch our Bulldogs compete against A.N. Myer in a football game. Completely unforgettable!

I was nervous having to do a speech for the pep rally in front of the whole school, but when the whole thing started, all of my nervousness shook right off. Brenna Wills and I rehearsed our parts well, and although everything didn't go by exactly by script, we finished each other's sentences even if somebody stumbled on a line. We worked really well together!

The student body made it incredibly easy to step out of your comfort zone with the level of enthusiasm they showed. It was really fun to see how excited they were, and I only wanted to make everyone more excited by firing the t-shirt gun or calling people to the front to play basketball or hockey. Their enthusiasm cracked me up, and the participation was amazing. Everyone really started cheering and showed their true school spirit.

The athletes were so prepared and so hilarious. Everyone came to every practice with an open mind ready to learn the dances, and during the pep rally, they did an amazing job to pump everyone up and to make everyone laugh super hard. They all showed off their sports in such funny and creative ways! I found it great to be able to see everyone come together and make such a big crowd have as much fun as we did! And to conclude the pep rally, everyone went outside to support our dogs at the game versus A.N. Myer. It may have rained, but our student body came together like a bug unit and cheered on our football players.

This year's pep rally was a huge success, and I can't wait to see how many people are going to try out for sports, and how many will come out and support others in playing their sports this year.

By: Alexander Mrkalj

From the Editor

Mack Cobolan

Well, another month has come and gone, and I'm still the editor of *The Ruff Times*. Funny how that works, huh?

I'd like to start by thanking everyone who submitted articles in for the last issue. It means a lot that we received as many submissions as we did. Knowing that people want to write for this paper is what keeps us running strong, so it means more than you may realize. If we keep up this track record, we're bound to have a solid newspaper on our hands!

Last month resulted in a whole bunch of articles I wasn't necessarily expecting to see. We got plenty of Project Spirit coverage, and I hope we get more coverage of school events in the future as well. We also got some new columnists writing for the paper, covering a variety of topics that are bound to appease any reader. I'm thankful I have such an eclectic group of writers who can cover tastes from politics, to sports, to life advice, to literature. We've got so much we can cover, and I'd love to cover as much as is humanly possible!

Although we do have recurring writers coming back for the new issues, and I am very thankful for that, I also once again implore new writers to come on down to one of our monthly meetings if they have any ideas. Or if they want, they can shoot me some ideas or a full fledged article at our email: therufftimes@gmail.com (we somehow managed to get that address before anyone else — how awesome is that).

I'm keeping this brief because, as I said at the beginning, not a whole lot has changed. A month has gone by, and here I am, still writing a column as an editor for this thing. I really just wanted to write this to thank the current writers who are contributing plenty of good stuff, and also to invite new people to give us your ideas. Nothing is off the table, so long as it doesn't get our paper shut down, but I'd like to believe no one would try to do that.

Enjoy this month's *The Ruff Times*, everyone! Happy reading!

Pop Culture: In Case You Missed It...

Husam Elzien

Janet Jackson Finally Confirms Pregnancy

Well, after months of speculations, pop superstar Janet Jackson finally confirmed her pregnancy at 50 years old. Jackson has been maintaining a low profile since announcing the postponement of her Unbreakable World Tour back in April, only saying that her and husband, Qatari billionaire Wissam Al-Mana, were planning their family, leading fans to speculate whether or not she was using a surrogate. In May, Jackson released the song "Dammn Baby" (off of her album Unbreakable), leading to more speculations. Finally, after secretly being photographed shopping for baby supplies in London earlier this month, Jackson graced the pages of People magazine for their October 14th issue. In it, she says, "we thank God for our blessing," referring to her pregnancy. Jackson is due sometime in November.

<http://www.hollywoodtake.com/janet-jacksons-due-date-close-gorgeous-new-photos-have-fans-wondering-if-her-first-child-200606>

Rock and Roll Hall of Fame Announces Nominees

This month, the Rock and Roll Hall of Fame released its list of nominees for 2017. This year, Pearl Jam, Journey, Tupac Shakur, and several other newcomers join previous nominees Chaka Khan, Chic, The Cars, Joe Tex, Craftwerk, MC5, The Zombies, J. Gelis Band, Yes, and Janet Jackson. An artist or a group can only be nominated 25 years after the release of their first album. However, just because an artist is eligible, it doesn't guarantee a direct nomination. While artists such as Michael Jackson and Madonna have been nominated and inducted within their first eligible year, others such as Chaka Khan and Janet Jackson haven't been so lucky. Khan has been eligible since 2003, but has only been nominated two other times, and Jackson has been eligible since 2007, but has only been nominated one other time. Other musicians such as Whitney Houston and Mariah Carey have yet to be nominated. A lot of fans are hoping for Janet Jackson to be inducted after the movement titled #InductJanet was started over the summer. The five inductees will be announced in December, with the ceremony taking place sometime in the spring.

www.rockhall.com/2017-nominees

www.billboard.com/articles/columns/rock/7542314/2017-rock-and-roll-hall-of-fame-nominees-odds-pearl-jam-tupac

www.goldderby.com/article/2016/rock-and-roll-hall-of-fame-2017-returning-nominees-poll/



Kim Kardashian Robbed at Gunpoint

Kim Kardashian-West was robbed at gunpoint in Paris. It was reported that five men dressed as police officers went to the hotel that she was staying at around 2:49 am, threatened the concierge who then took them up to Kardashian-West's hotel. After that, they tied up and gagged both Kardashian-West and the concierge, and then proceeded to steal 11.5 million dollars worth of jewelry. Kardashian-West's diamond engagement ring made up 4.5 million dollars of the stolen jewelry. When news broke of the robbery, husband and rapper Kanye West abruptly stopped his concert in New York City and left the venue to wait for his wife to return to the U.S. Days after the robbery, the E! Network announced that they were not filming Keeping Up with The Kardashians around the time of the robbery, and would put filming on hiatus. They have since resumed filming without Kim, who has been maintaining a low profile. Earlier this month, sister Khloe Kardashian spoke to Ellen DeGeneres and Kevin Hart saying, "she's not doing that well." Kardashian-West has also been silent from social media, except for a brief moment when she unfollowed several people on Twitter. *Keeping Up with the Kardashians* airs Sundays at 9 on E!. www.usatoday.com/story/life/people/2016/10/20/chilling-kim-kardashian-robbery-video-surfaces/92460368/ www.etonline.com/news/200090_khloe_kardashian_breaks_silence_about_kim_kardashian_robbery_she_not_doing_well/

Pop Culture: Continued

Husam Elzien

Billy Bush... You're Fired!

Earlier this month, a leaked tape from 2005 revealed a conversation between former Today anchor Billy Bush and Presidential Nominee Donald Trump engaging in a lewd and misogynistic conversation about women which included the now infamous sentence to come out of Trump's mouth during the conversation. The conversation took place on a tour bus for the show Access Hollywood, which Bush was a former anchor for, as he was on his way to interview Trump who was making a guest starring role on the soap opera Days of Our Lives. When news broke of the leaked tape, NBC immediately suspended, and later fired Bush giving him a settlement worth 5 million dollars. Meanwhile, several women have come forward accusing Trump of sexual assault. Trump called the accusers "liars," and promises to sue all the women accusing him of sexual assault.

www.nytimes.com/2016/10/18/business/media/billy-bush-officially-departs-nbc.html?_r=0

www.buffingtonpost.ca/2016/10/22/donald-trump-sexual-assault-n_12602016.html

www.ijr.com/the-political-edit/2016/10/709903-heres-the-soap-opera-clip-from-the-day-trump-bragged-about-trying-to-grab-a-woman-by-the-py/

Her First Name Ain't Baby, It's Hillary! Mrs. Clinton if You're Nasty!

At the final Presidential debate on October 19th, Donald Trump called Hillary Clinton a "nasty woman," and almost immediately the internet went crazy with #NastyWoman trending on Twitter. Mugs, t-shirts, and tote bags are among the items embracing the now infamous hashtag. Meanwhile, Janet Jackson has been profiting from this movement. Streams of her 1986 hit "Nasty" increased by over 250% on Spotify. This election might give Jackson her first hit in over 15 years, even if the song is 30 years old.

www.forbes.com/sites/maddieberg/2016/10/21/how-donald-trump-donald-trump-accidentally-created-the-nasty-woman-economy/#7f2c25b3f263 www.vox.com/policy-and-politics/2016/10/20/13341416/nasty-woman-feminist-rallying-cry-hillary-clinton

www.queerty.com/internets-jamming-janet-jacksons-nasty-ever-since-trumps-nasty-woman-comment-20161021

ONTARIO'S COLLEGES AND UNIVERSITIES: A SNEAK PEEK AT WHAT'S OUT THERE, Part II

Fanshawe College
Roslin Chen

Founded in 1967
Location: London, Ontario

DID YOU KNOW?

- One of the largest colleges in Ontario
- 86.5% of Fanshawe College graduates find employment within six months

Upcoming Event

Find Your Future advising workshop
November 8th, 10:00 a.m. – 3 p.m.

London Campus: 1001 Fanshawe College Blvd

This workshop allows students interested in applying to Fanshawe to explore their interests, values and skills to their suitable programs. Students will also receive admissions details, information about paying for their education, a campus tour and more. Space is limited.

Programs

- Over 200 full-time programs
- Over 100 certificate, diploma, degree and post-graduate programs in applied arts, business, technology, health and human services and many more
- Online Learning and part-time studies
- A leader in co-op programs
- Apprenticeships and Skilled Trades
- Over 40 programs
- Small class sizes
- Hands-on learning
- Workplace-based training with experienced skilled trade workers

Full-time, part-time, block release, day release or online delivery

Pathways that lead to apprenticeship

-15 Academic Schools

Campus features

- Student dormitories
- More than a dozen places to eat
- Bookstore and Computer store
- Fitness center and hair salon
- Library and 24-hour computer labs
- Bank machines
- Medical clinic

Reasons to choose Fanshawe

1. Experience counts.
-providing real world career training for over 40 years
2. Putting you to work.
-over 30 co-op programs (more than any other college in Canada)
3. Great location. London, Canada is located about two hours from Toronto, Niagara Falls, and Detroit, USA—large urban cities.

<https://www.fanshawec.ca/>

ONTARIO'S COLLEGES AND UNIVERSITIES: CONTINUED

University of Western Ontario (UWO)

Roslin Chen

Founded in 1878

Location: London, Ontario, along the banks of the Thames River

DID YOU KNOW?

- Employment rates are 93.3% two years after graduation
- 22 Rhodes scholarship recipients attended or are attending Western

What UWO Has To Offer For Students

Fall Preview Day 2016 – November 13th

Come and meet with UWO's faculty, staff and students and learn what student experiences this university has to offer. Learn more about your future academic program, residences, support services that will help to ensure student success, and take a look around campus.

Get the full 360 degrees experience from home!

Have a look at everything of Western from any angle with their 360 degrees immersive videos. Take a walk through the campus, tour the facilities, even tune in on a lecture. When viewing the videos, you can click and drag your mouse to control what you see, or pause the video to take a closer look at all 360 degrees of one particular shot. Video can be found at this link: <http://welcome.uwo.ca/360/index.html>

Top 10 Reasons to Choose Western

1. Unique Programs & Academic Choices
 - Over 400 undergraduate programs, 120 master's and PhD programs
 - 11 Faculties
 - School of Graduate & Postdoctoral Studies
 - Unique programs for high achieving students
2. Award-Winning Faculty and Staff
 - More 3M National teaching award-winning faculty than any Ontario university (2nd in Canada)
 - Named among Canada's Top 100 Employers
 - 3,750 full-time faculty and support staff on main campus
3. Bright, Diverse & Satisfied Students
 - 37,700 students from 121 countries
 - Admission average: 89.3% (2014)
 - Graduation rates that exceed the Ontario system
4. First-Rate Residence System
 - Ranked one of the best residence experiences among large universities in Canada
 - Nine residences in styles traditional, suite and hybrid
 - Meal plans to suit any taste and dietary requirements
 - Within walking distance to lecture halls, libraries, recreation facilities and many other services on campus
5. Exceptional Financial Support
 - National Scholarships: \$30,000 - \$65,000
 - International Students: Three International President's Entrance Scholarships - \$50,000
 - Financial aid, student award and work study programs
6. Classroom Connections to Real-World Experiences
 - Experiential Learning and Leadership programs
7. Support Networks for Work Experience
 - Over 2,000 undergraduate work study and paid positions
 - Internship, co-op, job shadow, fieldwork and volunteer opportunities off campus
 - Various student support networks available
8. Global Connections
 - 284,550 alumni in 156 countries worldwide
 - International exchange and study abroad opportunities at over 135 institutions in 39 different countries
 - International internship, volunteer and research opportunities
9. A Beautiful Campus
 - One of the most picturesque campuses in North America
 - Gothic architecture and ivy-covered campus, 1200 acres of rolling hills and many scenic locations to study, chat with friends or relax.
10. The Western Guarantee

Students are guaranteed:

 - Admission Scholarships
 - First-Year course choices
 - A place in Residence
 - “An Extraordinary Student Experience”

ADMISSION SCHOLARSHIPS

Scholarship	Average	Value
Continuing Admission Scholarship	95% +	\$10,000 (\$2,500/yr, 4 years)
Western Scholarship of Excellence	90 – 94.9%	\$2,000 –one year
Western Scholarship of Distinction	88 –89.9%	\$1,000 –one year



<http://welcome.uwo.ca/index.html>
<http://www.uwo.ca/>

Maryam's Unadulterated Advice

Maryam Mojabid

Disclaimer: This is advice from a 16-year-old girl who has yet to experience all that life has to offer.

In high school, you'll notice that nobody confronts each other about their real feelings. Students will instead use social media and whispered gossips to express their real feelings. People don't want to be honest because they don't want to hurt the other individual, but what they don't realize is that everybody is being hurt throughout the situation. If you are not happy while being with a certain someone, then just be honest with him or her. Relationships where you are lying to each other can quickly become toxic for both parties.

I'm not saying to start a fight. The ideal ending would be that you and that friend are both happy while being separate. But sometimes it can't be avoided; you just have to be honest. Say the things you would want to hear. It's hard, I know. It still takes me awhile to get the courage to confront someone or something that is bothering me. But just think of it in the long run: if your future self is smiling, what you are doing is right.

In the event that you are putting someone else's feelings before your own in any type of relationship and the other person is not doing the same, then you need to reevaluate everything. You are NOT their backup, you are NOT their follower. That would be a parasitic relationship. Here are some clues to know if you are in one:

- You change your plans for your friend but they won't do the same
- You have to pretend to be happy around them
- You feel bad for asking for simple favours
- They never listen to your problems, but they'll blab for hours about their own
- They make you feel bad about yourself

If you answer yes to more than two of these hints, then I am sad to say that you are in a parasitic relationship. They are sucking the joy out from your life and making it their own. And you need to confront them about your feelings. I know it may take weeks, months or even years for some type of confrontation but as long as you're aware that your life needs change, you're already on the first step towards achieving real happiness.

Poetry Corner

Maryam Mojabid

Halloween Night

*Open only on Halloween night,
Get ready for a great fright.
Follow me my children,
Though beware,
The things you see,
Will give you a scare.*

*Under the bed,
Are creatures of nightmares,
Jagged teeth, rotten scent,
Bulging eyes, nails bent.
Please don't make a single peep,
Or it may be your final sleep.*

*In the shower,
Lies a slithery kind.
The ones that slip your mind.
So leave your brain behind,
Or you will soon find,
That you will lose yourself to time.*

*Down in the basement,
Is the lonely green lady.
Lonely for her loss,
Green for her envy.
Do not approach her if you come,
Because she will take you as her little one.
Say goodbye to the family you once had,
Watch yourself slowly grow mad.*

*So please be cautious on this night,
Make sure not to attract Their
attention. But if you do, I'm sad to say,
You will be forgotten in whichever
way. So follow my rules when you see,
The monsters that come on
Halloween.*

Thoughts

5 Steps to Success

Athena Liu



This topic may sound a bit corny at first, but the points I am going to mention in this article are truly essential if you want to succeed. There is no secret to success—it's simply hard work and passion.

1. Explore your interests. Think about what subjects you like and what hobbies you do. What do you excel at? Do you like sports? Music? You can also try some new things. You never know what you might find!
2. Find your passion. Don't make a long-term commitment just because you feel obligated to do it. You should actually be interested in what you are doing. As mentioned above, "living without a passion is like being dead". So find your passion by exploring your interests.
3. Set goals and meet them. Many people set unrealistic goals that they know they will never accomplish. However, if you manage your time and stay realistic, you will be very successful! For instance, if you want to be a teacher, try to find volunteering for teaching younger children.
4. Network with peers and adults with common interests. People can learn a lot from each other. You can find out about many opportunities to enrich your interests and more chances to dig even deeper. For instance, if you want to become a writer, you might find out about some writing contests from your English teacher.
5. Work hard. In the end, it's hard work that sets you apart from the crowd. Remember: Hard work trumps talent. Therefore, don't think that you can't do something just because you don't have the "talent" to do it. Just try your best to pursue your passion and have no regrets.

Canadian and World Politics

Caroline Head and Carlin Saunders

Unfortunately when something happens and you read about it in the news or hear about it from your friends, the story you're getting is often biased. Whether that is intentional or just human nature, it happens. Every month, we plan to take a look at a different political issue and give you the facts from both sides, so that you can decide for yourself what you think.

It has now been a year since Justin Trudeau was elected Prime Minister in October 2015. Now it's time to take a look at the good and the bad of what he's done in his first year in office. We'll also focus on the empowerment of women and their involvement in politics in Canada and around the world.
TrudeauMetre.ca | CBC News | Huffington Post

WHAT'S GOOD?

- Immediately upon taking office Trudeau fulfilled one of his campaign promises and created the first gender-equal government cabinet in Canadian history.
- Trudeau's government has lowered the retirement age from 67 back to 65, which was what it had been before it was raised by Stephen Harper in 2012.
- Trudeau has created the Prime Minister's Youth Council to allow young Canadians to have their voices heard by the government.
- After Trudeau took office, Canada has signed the Paris Climate Agreement to help combat global climate change. This is a huge change from back in 2013 when Canada was ranked as having the worst environmental protection rules in the developed world.
- Nice hair.

ON THE OTHER HAND...

- During the election, Trudeau promised to end the Conservative government's policy of taking away citizenship from foreign-born Canadians who committed serious crimes such as terrorism, saying "a Canadian is a Canadian is a Canadian." However, over the past year Trudeau's government has instead increased how often the law is used and has stripped more Canadians of their citizenship than every other government in the past 27 years *combined*.
- Trudeau pledged to change the way Canada's elections work. He thought the current system was unfair and did not properly represent the country... until the current system allowed him to win an election majority with only 39% of the popular vote. He has now changed his mind and feels the way things are is fine after all.
- The government has so far gone nearly \$30 billion deeper into debt this year.

Women in Politics:

Although women make up about 50% of the world population, they are almost always outnumbered by men in prominent positions within the workforce. The lack of females in politics highlights this, with only 26% of the seats in the Canadian House of Parliament held by women, and much less than that in many other countries. So, here are three influential women who have made it in politics despite the odds:

Name: Alma Adams

Time in Politics: 1994 — Nov. 12 2014

Political Party: Democrat

Position in Government: Member of U.S. House of Representatives

Education:

-Graduated from West Side High School in New Jersey

-Received both her B.S. and M.S. in Art Education from North Carolina A&T University

-Went on to receive her Ph.D in Art Education/Multicultural Education from Ohio State Uni.

Name: Theresa May

Time in Politics: 1997 - present

Political Party: Conservative Party

Position in Government: Prime Minister of England, Leader of the Conservative Party, Member of Parliament

Education: - Was accepted at Holton Park Girls' Grammar School

-Received a B.A in Geography from St Hugh's College, University of Oxford

Name: Aung San Suu Kyi

Time in Politics: 1988 - present

Political Party: National League for Democracy

Position in Government: State Counsellor of Myanmar, Minister of Foreign Affairs, Minister of the President's Office, President of the National League for Democracy

Education:

-Studied politics at the University of Delhi

-Received a B.A in Philosophy, Politics, and Economics from St Hugh's College, University of Oxford



Sports Highlights and SWC Reads!

SWC vs. Westlane
By Hailin Wang

On Friday September 14, our own Sir Winston Churchill Bulldogs finessed a big win at their away game against Westlane Spartans. Despite the vast number of injuries that plagued the roster, the football team was able to pull through with a 28-7 scoreboard. It was truly an incredible offensive and defensive game played by our bulldogs.

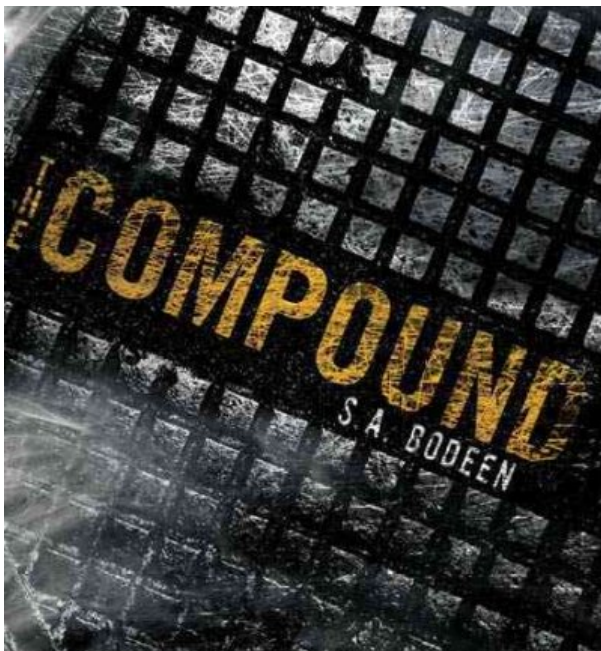
"I thought we worked hard as a team. Even though we got the [win] we still have lots of things to work on and improve to make our team better for the future," said Joshua Ferguson, a key player with 13 carries for 120 yards. So far, this has been the first time an opposing team was able to score a single point against Sir Winston this season.

We look forward to seeing our Bulldogs play against A.N. Myer this Friday. Coaches and players of the team have rigorously prepared for this difficult match. Be sure to attend the game as well as the pep rally! The winner of this game will gain the upper hand in the chance to finish first in league play and represent the NRHSAA in a game against the top finishing catholic school board team.

#TEAMCURTIS

The Compound Book Review

By Jana Bataineh



The Compound is a novel written by S.A. Bodeen. It's Eli and his twin brother's ninth birthday. Happy occasion right? Wrong! Eli's dad takes them on a camping trip that turns into a disaster when a "nuclear attack" strikes. During the chaos Eli is split apart from his twin brother and grandmother and is left with his mom, dad, and two sisters in the Compound. The longer they stay, the more things Eli learns, like all of the secrets his dad is keeping from him and how the food supply is running short! Will they survive in a world of isolation and control, and will they ever be able to leave the Compound?